

Nursery Netball 2017

The game will consist of 4 X 10 min quarters

Nursery Netball is all about fun and encouraging the girls to learn to play netball with their friends.

Only one representative from each club is allowed on the court at a time, we will refer to them as the umpire but they are to adopt the role of a teacher, assisting players from both sides to learn the game. It is ok for them to be on the court, but try not to interfere with the game.

The umpire should use simple language and explain decisions (brief explanations are best so the game can flow)

Use common sense to modify the rules to the ability of the players to ensure that the spirit of the game is not lost, don't over use the whistle.

Basic Rules

No jewellery is to be worn

Size 4 ball – to develop catching / throwing skills

Players are allowed 5 seconds between catching and throwing the ball. If a player is holding the ball too long assist by counting, preparing them to pass eg; 1 finger, 2 finger, 3 finger throw **or** 1 & 2 & 3 Pass

Encourage correct foot work, use terms like 'Stuck in the mud' to stop them from running with the ball. If a player runs down the court, bring them back to where they started running and let them take the pass from there.

Players must be 4 feet from the player with the ball. Blow the whistle for infringement and encourage players to defend again from correct position.

Play should be stopped for contact & obstruction, if they are not you will find the play will not flow, but again there is no standing out of play

A throw in is to be retaken if the foot is on the line. Explain & correct the player stance

The first centre pass is decided by the toss taken by the teams prior to the start of the game. At the beginning of each quarter the taking of the centre pass should alternate. If a goal is scored during the game, then the team who did not score the goal is to take the centre pass.

Only change ends at half time, we do not want to confuse the girls. If you are concerned about them experience a different umpire if only on for half the game, then the umpires should swap ends.

It is suggested to only change player's positions at half time. All players that turn up to play must be given an opportunity to take the court.

Where possible players should only move between position in either attack or defence

Eg GS GA WA C **or** GK GD WD C

Remember use your judgement to modify the rules where necessary to ensure that all the girls are having fun & everyone gets to touch the ball in a quarter.

Remember sharing is caring, if your opposition is short on players & you have a spare, lend them a player, it's all about getting the girls on the court to play.

There is no scoring, we will be asking the managers to count the number of times the ball reaches a goal circle, this is to assist in putting the second half of the draw together to ensure like ability teams play each other.

If you have any question please ask, there will be a committee member at control each week or you can email ssnanursery@outlook.com with any question or suggestion so we can ensure that the kids continue to have fun and enjoy netball each week.

